

## Respite Services

### Overview

Our Respite Services provide families with brief periods of rest or relief. We offer respite through our scheduled youth group activities and our two respite homes. Our hope is that these brief periods of respite will enhance the family's ability to manage with its unique responsibilities.

Our two Respite homes offer short-term overnight care for both adults and children through a 24 hour staff supported model. We currently offer overnight respite in Port Perry and Uxbridge. Our home in Port Perry provides two kinds of out-of-home respite. Weekend respite is typically set aside for children, while adult guests visit the home through the week on a pre-determined six week rotation; we are able to offer limited weekend respite to our adult guests. Our Uxbridge Respite location offers respite for adults only. This location is unique in that families call quarterly to book respite at times that meet their individual needs. A modest fee is charged to our users of our overnight respite service, but an inability to pay will not render a person or family ineligible.

Our **Youth Group** provides youth between the ages of 14 and 24 with the opportunity to engage in leisure activities and participate in community events while making new friends. Youth Group events are held one evening per week, one full Saturday every six weeks; as well as a week long day camp during the March Break and two week long day camps each summer, one in July and one in August. Our events alternate between the Uxbridge and Port Perry communities. The calendar of events is distributed to families, allowing families and youth to pre-book activities of interest to them. Activity fees may be applicable depending on the event being offered. All fees are clearly detailed in the calendar of events.

### Application For Service And Eligibility Considerations

Throughout Ontario, adults 18 years of age and over who wish to apply for this kind of service must contact their regional DSO (the acronym for Developmental Services Ontario). The DSO that is connected with Durham is housed at York Support Services Network and you can reach them at:

240 Edward Street, Unit 3,  
Aurora, ON, L4G 3S9  
Toll Free 1-855-277-2121  
Website [dsontario.ca](http://dsontario.ca)

We're happy to talk to people about our services in advance of the DSO becoming involved. We can also help you to get prepared for that contact with the DSO. But we cannot provide services

to people until they have been deemed eligible by the DSO. To make this determination, it will ask for a psychological assessment and for documentation confirming age and Ontario residency.

Families in Durham Region wishing to apply for Children's Respite must contact Community Living Durham North directly. For application information, our Manager of Support Services, Christie MacDermid, can be reached at:

60 Van Edward Drive  
Port Perry, ON L9L 1A8  
Office 905-985-8511 x 239  
[christie@cldn.ca](mailto:christie@cldn.ca)

Applicants must live with their family or guardians (in Durham Region) and have an intellectual disability. We are equipped to meet a variety of complex care needs, but if the person requires the attendance of a nurse or physician such is not available on site.

### **Our Locations and Hours of Operation**

Our Main Office, which you will probably visit for periodic meetings or educational events, is located at:

60 VanEdward Dr, Unit 2  
Port Perry, ON  
905-985-8511  
Website [www.cldn.ca](http://www.cldn.ca)

**Port Perry Respite** – The Port Perry Respite home is located on Old Simcoe Road. The home is a very large three bedroom bungalow, close to the downtown where respite guests can enjoy the many resources available to them. A ramp has been constructed to allow easier access into the home and tracking devices are available in the home to assist with lifting requirements as needed. It is not completely accessible however; for many years we have sought additional funding that would make it possible for us to re-locate and achieve full accessibility.

**Uxbridge** – The Uxbridge Respite home is located on South Balsam Street. This home is a four bedroom bungalow, with a fully fenced yard. Again this home is located close to the downtown area where respite guests can enjoy the community's attractions and amenities. This home provides service to adults only. The home is not completely accessible and is best suited for people who are ambulatory.

### **Scheduling Of Visits**

**Port Perry:** This home has the ability to accommodate four people at a time. However, the needs of certain guests will sometimes reduce the optimum number of visitors to just two or three. Families who want to access the adult time share will be allotted one rotation every six weeks.

Families who want to access children's respite can call the Team Leader a couple of months ahead to book regular respite or to make plans for special weekends.

**Uxbridge:** This home can accommodate up to four respite guests at a time. It has the flexibility to accommodate longer blocks of respite and it can offer weekends to adults. Families need to call the Team Leader four times per year during the following months:

*December* – to book for the months of January, February, and March

*March* – to book for the months of April, May, June

*June* – to book for the months of July, August, September

*September* – to book for the months of October, November, December

Families will be able to book up to 10 days per three month block allowing for more flexibility and variation in the frequency and duration of visits. Respite stays are scheduled on a first come first serve basis taking into consideration the support needs and matches of the respite guests.

Both homes are hard pressed to accommodate last minute requests for respite for the simple reason that they usually require us to retract a commitment made to another family. However, crises do occur and whenever possible we will respond positively to emergency situations. This might require a deviation from the "first come, first serve" principle, and it might also lead to the Team Leader of the location asking why respite is needed. This should not be construed as an intrusion. The Team Leader simply needs to prioritize competing needs, if indeed more than one family is requesting a given date.

### **Cost**

A fee of \$1.40 per hour will govern Children's respite. Adult respite costs \$21.60 per day. At the end of each month an invoice will be sent to the family for the amount of hours/days used that month. Payment can be made by cheque sent by mail (to P.O Box 964, Port Perry, ON, L9L 1A8) or dropped off at our main office (at 60 Vanedward Dr., Unit #2, in Port Perry). Electronic billing can also be arranged.

The Program Manager will be sensitive to each family's financial situation and will approve nominal payments - not routinely, but where circumstances warrant.

### **Contact Information**

Our website [www.cldn.ca](http://www.cldn.ca)

Christie MacDermid is our Manger of Support Services and she will be your primary contact until such time as you have begun to receive service from one of our Respite Homes or another one of our various services. Christie's number is 905-985-8511 x 239 or [christie@cldn.ca](mailto:christie@cldn.ca)

Bonnie Blackstock, is the Manager of the Port Perry and Uxbridge respite homes, and can be reached at 905-985-8511 x 227 or [bonnie@cldn.ca](mailto:bonnie@cldn.ca).

Tanya Budgen, the Manager of the Youth Group, can be reached at 905-985-9312 x 22 or [Tanya@cldn.ca](mailto:Tanya@cldn.ca)

Our entire senior management team is also at this number (905-985-8511) and our receptionist or automatic directory will help to direct your call.